

**Results for ARC Champs All Competitors in finish order.**

<b>Time</b>	<b>Name</b>	<b>Team</b>	<b>Category</b>	<b>Number</b>	<b>Posn</b>
1:12:36	PULLAN, Sam	St Albans Striders	MV35	1582	10
1:18:37	DAY, Ian	Ely Runners	MV35	2046	27
1:18:52	MANLOW, John	Ely Runners	MV40	878	29
1:19:08	PALMER, Craig	Dunstable Road Runner	Senior Male	1727	30
1:20:02	HESLOP, Garon	Canterbury Harriers	MV45	1551	33
1:20:16	COPP, Adrian	Stopsley Striders	MV35	1161	34
1:20:45	MURPHY, John	Dunstable Road Runner	MV40	1091	39
1:22:38	LAMONT, Christopher	Stopsley Striders	MV55	176	52
1:23:05	CHAPMAN, John	Stopsley Striders	MV50	246	58
1:23:14	HAND, Michael	Dunstable Road Runner	MV45	63	60
1:23:26	TREVALLION, Stuart	Bedford Harriers	MV40	1781	62
1:23:27	HEPBURN, Scott	Datchet Dashers	MV45	1584	63
1:23:59	MOORE, Michael	Werrington Joggers	MV35	1490	69
1:24:00	JONES, John	St Albans Striders	MV40	1243	70
1:24:46	BAYBROOK, Colin	St Albans Striders	MV45	1095	75
1:24:51	CONNORS, Robert	Dunstable Road Runner	Senior Male	1983	76
1:25:12	WELLS, Bob	Bedford Harriers	MV60	1077	82
1:25:19	TAYLOR, Gerry	Stopsley Striders	MV40	1699	83
1:25:23	HALL, Martha	Garden City Runners	Senior Lady	12	84
1:25:35	DAVIS, Richard	St Albans Striders	MV40	984	86
1:26:55	BUTTLEMAN, Jim	Leighton Fun Runners	MV45	1087	106
1:27:40	HOLT, David	Bedford Harriers	MV50	338	114
1:28:49	MURPHY, Lee	Dunstable Road Runner	Senior Male	1092	131
1:29:45	CLEMENTS, Trevor	St Albans Striders	MV45	36	145
1:29:54	PAPWORTH, Donald	Fairlands Valley Spartens	MV45	1770	150
1:30:08	JONES, Ed	Biggleswade AC	MV35	1089	154
1:30:17	HARRIES, Stuart	Stopsley Striders	Senior Male	856	157
1:30:20	ELLERTON, Steve	Leighton Fun Runners	MV45	1930	159
1:30:33	BROWN, Craig	Biggleswade AC	Senior Male	1666	161
1:30:46	REDSHAW, Jonathan	St Albans Striders	Senior Male	1057	166
1:31:00	MELBOURNE, John	Barnes Runners	Senior Male	1806	171
1:31:06	YOUNG, Willie	Bedford Harriers	MV40	911	172
1:31:13	AUDAS, Algie	Stamford Striders	MV50	15	175
1:31:15	THOMPSON, Matthew	Stopsley Striders	MV45	977	177
1:31:15	ONN, Sally	St Albans Striders	Senior Lady	1960	178
1:31:34	BROWN, Jim	Fairlands Valley Spartens	MV55	1557	181
1:31:46	GOULD, Martin	Blackwater Valley Runners	MV35	1726	189
1:32:19	PULLAN, Belinda	St Albans Striders	LV35	1583	199
1:33:09	BEVAN, Richard	Biggleswade AC	Senior Male	1957	215
1:33:13	RIGARLSFORD, Giles	Bedford Harriers	Senior Male	2051	218
1:33:31	ROSS, Cameron	St Albans Striders	MV35	2003	225
1:33:35	INGLEDEW, Mark	Bedford Harriers	MV45	1622	227
1:34:12	LEONARD, Simon	Fairlands Valley Spartens	MV35	807	237
1:34:22	ADAMS, Michael	Biggleswade AC	Senior Male	2064	242
1:34:30	HEMMING, Robert	Biggleswade AC	MV45	919	245

1:35:03	SMITH, Peter	St Albans Striders	MV55	1504	254
1:35:09	STACK, Peter	Dunstable Road Runner	MV45	513	258
1:35:37	EMPTAGE, Tristan	Fairlands Valley Spartens	MV35	243	270
1:35:44	GREGORY, Neil	Biggleswade AC	MV45	1834	272
1:35:55	JUBB, Gillian	St Albans Striders	Senior Lady	314	276
1:36:14	DARBY, Matthew	Royston Runners	Senior Male	1390	285
1:36:25	JONES, Yvonne	Garden City Runners	LV45	1744	291
1:36:36	SUTTON, Julie	Biggleswade AC	Senior Lady	1672	295
1:36:56	SKERRATT, Ian	Biggleswade AC	MV55	522	301
1:37:14	SEVEREIN, Pieter	Bedford Harriers	Senior Male	1093	308
1:37:17	HUNTER, Fiona	Biggleswade AC	Senior Lady	570	310
1:37:20	CLARK, Michael	Leighton Fun Runners	MV50	443	311
1:37:22	LITCHFIELD, Derek	Biggleswade AC	MV45	19	313
1:37:37	BRUCE, Andrew	Biggleswade AC	MV40	2037	319
1:37:47	Mc CLEAN, Philip	Dunstable Road Runner	MV50	1395	321
1:38:01	ADDRISON, Martin	Leighton Fun Runners	MV50	615	328
1:38:14	HILLS, Paul	Leighton Fun Runners	MV50	1606	332
1:38:59	MARTIN FLAVEN, Peter	Just Glue It R C	MV40	650	348
1:39:04	TEE, Graham	Wootton Road Runners	MV45	50	353
1:39:11	HUSBANDS, James	Werrington Joggers	Senior Male	426	357
1:41:23	HARDWICK, David	Stopsley Striders	MV40	1111	401
1:41:28	PRYKE, Andrew	Leighton Fun Runners	MV45	29	408
1:42:05	LITCHFIELD, Jenna	Stopsley Striders	Senior Lady	9	427
1:42:09	TROUSDELL, Christopher	Bedford Harriers	Senior Male	1515	429
1:42:21	TURNBULL, Julian	Bedford Harriers	Senior Male	1708	434
1:42:52	DEBNAM, Dave	Stopsley Striders	MV60	316	445
1:43:43	WAINWRIGHT, Phil	Bedford Harriers	MV45	1283	466
1:43:44	SHYNN, Sarah	Dunstable Road Runner	LV35	183	467
1:44:52	SMITH, Juliet	Bedford Harriers	LV40	1426	498
1:44:56	JOYCE, Ian	Bedford Harriers	MV45	1123	500
1:45:14	KERR, Angela	Leighton Fun Runners	LV50	172	510
1:45:29	THOMASSON, Linda	Stopsley Striders	LV45	609	523
1:45:32	MAYFIELD, Steve	Fairlands Valley Spartens	MV40	1987	524
1:45:41	KILGOUR, Viv	Bedford Harriers	LV45	339	533
1:45:46	ARCHER, Karrie	Leighton Fun Runners	LV45	971	538
1:46:34	MACKAY, Heather	26.2 Road Runners Club	Senior Lady	1889	561
1:46:46	BEVAN, Jonathan	Biggleswade AC	Senior Male	1817	566
1:47:14	HOPWOOD, Alison	Fairlands Valley Spartens	LV40	1451	579
1:47:41	MITCHELL, Matt	Leighton Fun Runners	MV35	1128	593
1:48:27	JOHNSON, Gerry	Buckingham & Stowe	MV45	935	622
1:48:30	WRIGHT, Vicky	St Albans Striders	Senior Lady	1961	625
1:49:26	REID, Gary	Leighton Fun Runners	MV40	867	647
1:50:13	Mc GILLIGAN, Sean	Bedford Harriers	MV40	701	670
1:50:16	INGLEDEW, Judith	Bedford Harriers	LV40	1623	674
1:50:32	KIRKBY, Leonard	Ramsey Road Runners	MV55	300	679
1:50:40	HALL, David	Stopsley Striders	MV40	418	682
1:51:29	BARROWMAN, Michael	St Albans Striders	MV60	1430	707
1:51:47	OGBORNE, Richard	Bedford Harriers	Senior Male	284	718

1:52:03	STREET, Hannah	Biggleswade AC	Senior Lady	1400	726
1:53:50	WILSON, Barbara	Fairlands Valley Spartens	LV55	1282	779
1:54:04	THOMPSON, Peter	Yaxley Runners	MV55	48	785
1:54:17	WARD, Andy	Stopsley Striders	MV60	1174	792
1:54:26	BERRY, Vicky	Royston Runners	LV45	471	801
1:54:29	JENKINS, Chadlea	Bedford Harriers	MV35	368	804
1:54:39	BISSELL, Ruth	Bedford Harriers	Senior Lady	236	811
1:55:04	PERYER, Keith	Bedford Harriers	MV45	672	820
1:55:14	HEYDECKER, Deirdre	St Albans Striders	LV50	685	824
1:55:28	HOLDSWORTH, Gilly	Garden City Runners	LV50	1454	827
1:55:33	GREENARD, Lynne	Bedford Harriers	LV60	1742	829
1:55:47	HOLGATE, Paul	Fairlands Valley Spartens	MV50	1782	839
1:56:13	BURRAGE, Rachel	Bedford Harriers	Senior Lady	1836	850
1:56:30	WARREN, John	St Albans Striders	MV60	1571	857
1:57:02	HARTRIDGE, Sue	Dunstable Road Runner	LV40	175	866
1:57:02	JEFFREYS, Greg	Bedford Harriers	MV50	518	867
1:57:37	COLLINS, Sharon	Stopsley Striders	LV40	978	886
1:58:16	READ, Stewart	Stopsley Striders	MV35	1844	908
1:58:33	DARBY, Erica	Dunstable Road Runner	LV40	1651	913
1:58:49	DOAK, Colin	Ely Runners	MV40	116	925
1:59:47	JONES, Tony	Bedford Harriers	MV45	1156	947
1:59:48	PAYNE, Karen	Stopsley Striders	LV35	1912	948
1:59:56	BLOODWORTH, Peter	Bedford Harriers	MV50	2060	953
2:00:16	KUMAR, Rakesh	Bedford Harriers	MV35	1180	958
2:01:00	WOODLEY, Roger	Bourton R R	MV45	957	982
2:01:25	CLARK, Steve	Bedford Harriers	MV55	1810	988
2:01:34	HULLY, Anne	Leighton Fun Runners	LV45	34	989
2:01:59	HORGAN, John	100 Marathon Club	MV50	986	998
2:02:16	DODD, Tracy	Leighton Fun Runners	LV45	855	1003
2:02:39	DOYLE, Lynne	Stopsley Striders	LV35	1190	1014
2:03:08	PROCTOR, Lawrence	Stopsley Striders	MV55	1899	1025
2:03:11	ROZIER, Edward	Bourton R R	MV45	1054	1026
2:03:23	COTTAM, Chris	Bedford Harriers	MV60	1525	1030
2:03:49	SUCKLING, Alison	Fairlands Valley Spartens	LV45	1076	1037
2:04:19	CHANA, Jaswant	Bedford Harriers	MV55	913	1054
2:04:28	KEMPSTER, Amanda	Bedford Harriers	Senior Lady	1178	1059
2:05:13	LE SUEUR, Rebecca	Bedford Harriers	Senior Lady	1828	1072
2:05:24	CORP, Michelle	Bedford Harriers	LV35	365	1077
2:05:31	DAWSON, George	Bushfield Joggers	MV70+	1083	1079
2:06:34	LUA, Suet	Bedford Harriers	LV45	2057	1095
2:06:39	THOMAS, Paul	Leighton Fun Runners	MV60	267	1097
2:06:42	MACKAY, Julia	Biggleswade AC	LV40	1560	1100
2:06:51	HAMMOND, Jonathon	St Albans Striders	MV35	708	1102
2:07:01	PRICE, Leigh	Bedford Harriers	LV45	1809	1106
2:07:04	DONNELLY, Sabrina	Bedford Harriers	Senior Lady	1279	1109
2:07:41	POWELL, Andrew	Leighton Fun Runners	MV45	1876	1121
2:07:57	CANNELL, Neal	Bedford Harriers	Senior Male	668	1126
2:09:18	TILLEY, Ruth	Dunstable Road Runner	Senior Lady	2058	1145

2:11:23	FARR, Susan	Bedford Harriers	LV55	1659	1174
2:12:10	KUBICEK, Margaret	Bedford Harriers	LV35	523	1180
2:12:28	SNAPE, Ella	Bedford Harriers	Senior Lady	1438	1187
2:13:01	HENDERSON, Fiona	Bedford Harriers	LV35	1774	1193
2:14:01	BRUNTON, Gyll	Bedford Harriers	LV40	1757	1206
2:14:53	SAVIC, Donna	Leighton Fun Runners	LV40	866	1210
2:15:09	O LEARY, Naomi	Bedford Harriers	LV45	812	1213
2:15:50	COHEN, Ron	Fairlands Valley Spartens	MV70+	1109	1218
2:17:21	ROBERTS, Deborah	Bedford Harriers	Senior Lady	1647	1226
2:17:21	DAVIS, Michelle	Bedford Harriers	LV45	1660	1227
2:17:48	HAYS, David	St Albans Striders	MV65	1916	1229
2:19:00	COPE, Sandra	Bedford Harriers	LV50	1297	1237
2:19:28	TOASLAND, Jude	Bedford Harriers	LV40	1303	1243
2:20:59	GOULD, Alistair	Bedford Harriers	MV35	52	1248
2:21:11	THOMAS, Donna	Stopsley Striders	LV40	927	1251
2:21:27	LINCOLN, Anne	Biggleswade AC	LV45	1472	1254
2:21:41	TILLER, Kerry	Leighton Fun Runners	LV40	217	1255
2:21:42	KIRWAN, Karen	Leighton Fun Runners	LV50	1478	1256
2:23:35	FAKE, David	Bedford Harriers	MV60	1982	1274
2:24:46	BAKER, Ian	Bedford Harriers	MV55	718	1285
2:25:19	Mc CULLOCH, Elaine	Bedford Harriers	LV55	1418	1287
2:27:28	COPE, David	Bedford Harriers	MV55	1296	1293
2:27:59	WALTON, Paul	Bedford Harriers	MV45	1084	1295
2:28:00	LINHART, Kate	Stopsley Striders	Senior Lady	1160	1296
2:28:21	SMEDLEY, Dionne	Leighton Fun Runners	Senior Lady	171	1298
2:29:02	WINGROVE, Ruth	Bedford Harriers	LV40	556	1300
2:34:08	KERR, Martin	Leighton Fun Runners	MV55	1879	1306
2:47:39	KEELING, Quentin	St Albans Striders	MV55	924	1316
2:58:40	BRABHAM, Snibs	Rickmansworth Running Sister	LV40	59	1321
2:58:40	ROSEBLADE, Ellen	Rickmansworth Running Sister	LV40	60	1322